Cream of Broccoli Soup with cheese

INGREDIENTS

1/2 stick or 4 tablespoons butter or margarine (salted or unsalted) One small/medium chopped onion 1/3 cup flour 2 1/2 cups milk (regular or low fat, or shelf-stable milk) 2 cups chicken broth

2 - 3 cups chopped broccoli florets Chicken Bouillon if you want extra flavor Shredded cheese, any flavor

DIRECTIONS

On stovetop, low heat

Add 1/2 stick butter or margarine, melt

Sauté the onion until soft

Add flour and heat until dissolved

Add more butter or margarine if it is too thick

After combined, add broccoli, broth, milk and cook on low heat for 15 - 20 minutes until broccoli is soft, then scrape the bottom of pan

Add bouillon to taste

When serving, add cheese to individual bowls of soup (if you add to the cooking pot, soup will get very thick)

Recipe can easily be doubled



