

One Pot Taco Pasta

Serves 4

INGREDIENTS

1/2 lb dry spaghetti

1/2 jar chunky salsa

1 cup fresh or frozen corn kernels OR 1 can of corn, drained

1/2 can (equal to 7 1/2 oz) rinsed & drained black beans OR 2 1/4 cups cooked black beans

1/2 tablespoon taco spice OR 1/2 teaspoon chili powder

1/2 tablespoon chopped fresh parsley
OR 1/2 teaspoon dried parsley (optional) for garnish

Optional: 1 lb ground beef



DIRECTIONS

In a large pot of salted boiling water, cook spaghetti according to package directions. Drain & return to pot.

Stir in salsa, corn, beans, & taco spice mix.

Cook over medium heat until fully heated through, about 5-7 minutes.

Top with parsley (if desired) & serve

Optional: Add 1 lb (or more) ground beef. After boiling spaghetti in pot & draining, and before returning cooked spaghetti to pot, brown ground beef. Drain fat before returning cooked spaghetti to pot.

