

# Four Bean Salad



## INGREDIENTS

1 15oz. can chick peas  
1 15oz. can cut green beans  
1 15oz. can wax beans  
1 15oz. can red kidney beans  
1 pepper, diced  
1 onion, diced  
1/2 cup of oil  
1/4 cup sugar  
3/4 cup vinegar  
1/2 teaspoon crushed red pepper flakes  
salt, pepper, parsley to taste

## DIRECTIONS

Drain and rinse all canned beans  
Mix all ingredients well in a large bowl  
Cover and stir often - refrigerate overnight  
Will keep for weeks in refrigerator



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